

## **ABSTRACT**

A cross connecting stop apparatus and method includes a plate with a rail, the plate attached to a movable structure, the movable structure having two sides, a top, a bottom, an inside and an outside, wherein the plate is attached to the inside of the movable structure. A bolt movably attached to the rail and a mount attached to nonmovable structure on both sides of the movable structure wherein the mount is conformed to receive the bolt on both sides of the movable structure.